च्चाबच्चीलाई चकलेट खुब मन पर्छ । शुभअवसरमा पनि चकलेट बाँडेर रमाइलो गरिन्छ । सबै चकलेट स्वास्थ्यका लागि फाइदाजक छन् भन्ने होइन, तर छानेर राम्रो गुणस्तरका चकलेट खाने हो भने यसले धेरै फाइदा गर्छ ।



■ डार्क चकलेटमा प्रशस्त एन्टिअक्सिडेन्ट हुनाले मुदुरोग, क्यान्सर र बुद्दयौलीसम्बन्धी रोगलाई रोक्न सहायक हुन्छ।

जजा प्राप्त हुन्छ।

- यसमा पाइने पोटासियम र कपरको मात्राले ह्दयाघात हुँदा मुटुको क्षमतालाई कायम राख्छ। र, रक्तचाप कम गर्नुका साथै धमनी कठोर हुनबाट बचाउँछ।
- चकलेट सेवनले खोकी कम गर्नुका साथै तनावबाट समेत राहत दिन्छ।
- महिलालाई रजस्वलाको समयमा हुने पीडाबाट राहत दिनुका साथै गर्भवती अवस्थामा शिशुको विकासमा पनि सहयोग गर्छ।



## Mahashila Rural Municipality Office of the Rural Municipal Executive

Balakot, Parbat Gandaki Provinces , Nepal

## **Invitation of Bids**

Procurement and Supply of Plastic Tunnels
Contract Identification Nos: MRM/PT/NCB/PAR/04(076/77)
Types of Bid: National Competitive Bidding (NCB)

First publication Date: 2076/11/16 (28th February 2020)

 Mahashila Rural Municipality, Balakot, Parbat invites online bids only under e-procurement system from eligible bidders for the construction of project mentioned below under National Competitive Bidding – Single Stage Single Envelope Bidding procedures (1S1E).

| S.N | Name of Project                             | Contract ID                       | Estimated cost NRS (Excluding VAT & contingency) | Bid Security (NRS.)                     |
|-----|---|-----------------------------------|--|---|
| 1   | Procurement and<br>Supply of Plastic Tunnel | MRM/G/PT/NCB/<br>PAR/04 (076-077) |  | 67000.00 (Sixty Seven<br>Thousand only) |

- 2. Eligible Bidders may obtain further information at the Mahashila Rural Municipality office Balakot, Parbat, Contact No:9857675111, 9857645147, email:mahashilagapa@gmail.com or may visit PPMO e-GP system at www.bolpatra.gov.np/egp.
- 3. Bidding document is available online only and can be downloaded from e-GP system http://www.bolpatra.gov.np/egp. Interested bidders should register in the e-GP system and deposit the cost of bidding document in the Rajaswa (revenue) account as specified below and the scanned copy (pdf format) of the Bank deposit voucher shall be uploaded by the bidder.

Information to deposit the cost of bidding document in Bank:

Name of the Bank: Rastriya Banijya bank, lunkhudeurali branch, Mahashila 5, Parbat

Name of Office: Mahashila Rural Municipality Balakot, Parbat

Office Code no.: 801044205

Office Account no: For bid document (Ga-4-1Sthania sanchit kosh) 3300304018102

For bid security (Ga-3-dharauti 3300303007102)

Bidding Document Cost: NRs. 3,000.00 (Three Thousands Rupees only)

- 4. Interested bidders should submit bids through e-procurement portal http://www.bolpatra.gov.np/egp only on or before 12:00 hrs on 29th March 2020. Bidders are required to follow the electronic bid submission procedure as specified in e-GP System Operating Guideline 2074 issued by PPMO which are available in e-GP system www.bolpatra.gov.np/egp.. Bids received after this deadline will be rejected.
- 5. The bids will be opened in the presence of Bidders' representatives who choose to attend at 14:00hrs on 29th March 2020 at Mahashila Rural Municipality Office, Balakot, Parbat. Bids must be valid for a period of 90 days after bid opening and must be accompanied by a bid security or scanned copy of the bid security in pdf format amounting to a minimum of specified mentioned above table which shall be valid for 30 days beyond the validity period of the bid.
- 6. If the last date of purchasing and /or submission falls on a government holiday, then the next working day shall be considered as the last date. In such case the validity period of the bid security shall remain the same as specified for the original last date of bid submission.
- 7. The employer reserves the right to accept or reject, wholly or partly any or all the bids without assigning reason, whatsoever. Other mandatory informationare as per PPA 2063 and PPR 2064 and its revisions.

Chief Administrative Officer